

YOUTH BASKETBALL RULES

3RD & 4TH GRADE TEAM

BOYS & GIRLS

- 1. LENGTH OF THE GAME:** There will be four – 8 minutes quarters. Every four minutes of each quarter there will be a substitution time out for both teams. The clock will only stop for the substitution time out or if a timeout is called.
- 2. TIME OUTS:** Each team will be allotted two additional timeouts during the rest of the game.
- 3. PLAYING TIME:** Every player must play half of the game. All players should have a chance to learn and have fun, regardless of the player's experience or ability. This policy is the cornerstone of the program. NO PLAYERS SHOULD PLAY THE WHOLE THE WHOLE GAME.
- 4. FREE THROW ATTEMPTS FOR THE 3RD & 4TH GRADES WILL BE DONE FOR THIS YEAR.** The free throw line will be three feet in front of the normal free throw line. The Basketball size ball will be 27.5 for the boys & girls.
- 5. DEFENSE:** Man to Man only and each player of each team will have a WRIST BAND ON ONE WRIST. The color of the band will match the color of a member of the other team. This will tell each player who he /she must guard. Defensive position on any player cannot be established until the offensive player has both feet across mid court line. This line will be 3 feet pass the mid court line or imaginary line.
- 6. Any legal offense can be used in this age division.**
- 7. PICKING UP THE OFFENSIVE PLAYER:** You may pick up the offensive player 3 feet pass the midcourt or an imaginary line across the floor where the mid-court would be. If a team is having trouble getting the ball across the mid-court line, please as a defensive coach have your team back up to the three point line and lets the other team have some success playing some offense.
- 8. Fast break by the defensive team:** It is up to the team that was on offense to stop the other team's fast break and on the fast break anybody that was on the offensive, can guard the person that has control of the basketball. If the team that

was on offensive and tries stop the fast break, the defense PLAYERS must be guarding the player who has the same **COLOR WRIST BRAND**.

9. FLAGRANT BEHAVIOR: Flagrant behavior of a coach, players or parents will not be tolerated. Please have good sportsmanship during the game. Yes an official may miss a call, but don't let that one call decide the game for you and your team.

10. Coaches please remind your players and parents that it is a **PRIVILEGE** for us to be able to use these facilities. Please help clean up all trash by your bench and where your parents were sitting. **Parents please help control your children from running around the building unattended.**

Please no drinks or food are allowed in the Gym. Your child may have a container for water those.