

YOUTH BASKETBALL RULES

7TH & 8TH GRADE TEAMS

BOYS & GIRLS

Nov 8, 2016

- 1. TIME:** Each game will be played in two 20 minute halves, with a running clock. The clock will only stop the last 2 minutes of each half. Each team will be allowed 4 timeouts per game. Any overtime will be 2 minutes, with a stopping clock. Each team will get one extra time out per overtime. Half time will be 4 minutes long.
- 2. DEFENSE:** Any legal defense can be used in this grade division. Full court press can be used in this division.
- 3. OFFENSE:** Any legal offense can be used in this age division.
- 4. PLAYING TIME:** Each player must play one half of the game. All players should have a chance to learn and have fun, regardless of the player's experience of agility. This policy is the **cornerstone of the program**. No player should play the whole game.
- 5. PICKING UP THE OFFENSIVE PLAYER:** Full court pressure can be applied in this division. **Please Coach, if you have the game won, please call off the full court press and let the other team have some success of playing the game of basketball. Remember this is RECREATION BASKETBALL not accelerated basketball.**
- 6. SCORING:** The score will be kept in the book and on the board for the 7th & 8th grade boys and girls. If a team is winning **(20 points or more)** in the second half, the score will not be kept on the score board, just the time.
- 7. BASKETBALL SIZE:** Boys is 29.5 and Girls is 28.5
- 8. FLAGRANT BEHAVIOR:** Flagrant behavior of a Coach, or team members and especially the parents will not be tolerated. Your players and parents will follow your lead. Show good sportsmanship for your team and parents. Officials will make mistakes but it is not end of the world.

- 9. FACILITIES: Please make sure your team and parents are aware that it is a privilege for us to be able to use the GYM facilities for each community. The city recreation program would not function very well without the use of these facilities. Please help clean up any trash after your games and remind the parents that young children are not allowed to be running around inside the building.**