

YOUTH BASKETBALL RULES

5TH and 6TH GRADE TEAMS

Boys & Girls

Nov 8, 2016

1. **TIME:** Each game will be played in two 20 minute halves, with a running clock. The clock will only stop the last 2 minutes of each half. Each team will be allowed 4 timeouts per game. Any overtime will be 2 minutes, with a stopping clock. Each team will get one extra timeout per overtime. Half time will be 4 minutes long.
2. **DEFENSE:** Any legal defense can be used in this age division except a full court press. c The offense will have 10 seconds to get the ball across the MID-COURT LINE OR the BALL WILL BE GIVEN TO THE DEFENSIVE TEAM.
3. **OFFENSE:** Any legal offense can be used in this age division.
4. **PLAYING TIME:** Each player must play one half of the game. All players should have a chance to learn and have fun, regardless of the player's experience or ability. This policy is the cornerstone of the program. No player should play the whole game. If you are in violation of this rule, the game COULD be forfeited. If a team only shows up with 5 player and one fouls out of the game, that team will finish the game with 4 players.
5. **PICKING UP THE OFFENSIVE PLAYER:** You may pick up offensive players at the mid-court or imaginary line across the floor where the mid-court line would be. Remember your offense has 10 seconds to get the ball across the mid-court line. Coach if you have the game won, please call off the mid-court press and let the other team have some success in playing the game. Remember this is recreation basketball not accelerated basketball.
6. **SHOOTING FREE THROWS:** The shooter must start behind the free throw line, but as the players shoot the basketball if he/she steps across the line and the ball goes through the hoop, the point will count.
7. **SCORING:** The score will be kept in the book and on the board for the 5th & 6th grade boys and girls. If a team is winning (score) by a big margin in the second half, (20 points or more) the score will not be kept on the score board, just the time. Points scored and fouls will be kept in the score book.
8. **FOULS:** If Team has committed 7 fouls/per half, the other team will shoot one & one. If Team commits 10 fouls/per half, the other team will shoot two foul shots. If the game goes into overtime and one team is in the bonus, it will apply in the extra period also.

9. **BASKETBALL SIZE: Boys will play with a 29.5 basketball. The Girls will play with a 28.5.basketball.**

9. **FLAGRANT BEHAVIOR: Flagrant behavior of a coaches, team members and especially the parents will not be tolerated.** Your players and parents will follow your lead. Be a good sport and don't yell at the referees or the coaches of the other team you are playing. Any bad behavior coming from you as coach, or your team and your parents can be a cause for forfeiture of the game.

10. **Please make sure your team and parents are aware that it is a privilege for us to be able to use this facilities. Please help clean up any trash after your games and remind the parents that children are not allowed to be running around in the building.**

We ask that drinks and food not be brought into any of the gyms. Your players may have a container of Water to drink from.